

What is Bowen Therapy?

Read [this description of Bowen Therapy](#) by **Robert McCusker**

How can Bowen therapy help your pet?

Bowen therapy gets results with small animals that are truly amazing. The range of conditions that respond well goes far beyond what one would expect of a simple bodywork technique. Bowen is suitable for use on all ages and all sizes of animals because of its gentle application. Baby animals thrive to a greater extent after the application of one simple sequence applied when they are a few days old. Bowen can assist older animals to cope with arthritic pain and general muscle stiffness. Bowen can assist in the recovery from surgery and injury. Some conditions that have responded well to Bowen Therapy are

- Muscle injury
- Muscle and nerve degeneration
- Stiff joints
- Hormonal problems
- Kidney and liver problems
- Digestive problems
- Respiratory conditions
- Lymphatic conditions
- General muscle tightness anywhere on the body
- Behavioural problems (due to the release of tension in the body)
- Incontinence
- Persistent limping
- Joint looseness
- Patella luxation
- Out of symmetry issues

The amount of treatment required depends on the severity of the condition and how long the animal has had the condition but substantial relief is usually obtained after the first treatment and all but the most severe conditions are usually resolved in 2 to 5 treatments. Ongoing treatment may be required in cases of severe arthritis or other degenerative conditions.